

# CHEF'S CORNER



*(Optional)*

*Please fill out this informational sheet and provide one of your recipes. It will be posted on the Restaurant Week section of the Chamber's website. It's a great way to help the local culinary team and community get to know the Chef's at their favorite restaurants!*

**Name:** Isidro - Mukul

**Establishment Name:** Canyon Way Restaurant

**Length of time at establishment:** 20 years

***When did you know you wanted to be a Chef? And/Or How did you become a Chef?***

I became a Chef by getting as much practice as I could and learning as much as I could from the Chefs I worked with. The more I learned, the more new ideas I came up with, and developed new recipes and new menus. I really focused my attention in the kitchen.

***Please share any helpful/interesting tricks or techniques you use in your kitchen?***

I like to grind toasted seeds and use fresh herbs and fruits. I use fresh meats to extract the good flavors for sauces.

***What's your favorite dish to make at home?***

Roasted Apricot Cream Sauce. I use sliced, peppered pork tenderloin, which I sauté to crisp the outside, then finish in the oven to extract good juices from the meat.

***Any additional interesting things about yourself you would like to share?***

I like to mix fresh herbs with dry herbs and fresh lime zest, which I grind together. This makes a good flavor for use with any kind of fresh meat.

***What's your secret ingredient? ☺***

I actually have many, but one of my favorites is: Annatto Paste. This is a spice that is made from the Annatto seed which grows in a pod on Annatto shrubs. The triangular-shaped Annatto seeds are surrounded by a red pulp that is separated from the seeds and pod when they are harvested. The seeds are dried and made into a rust colored paste that is often used for coloring foods such as rice, smoked fish, butter, or cheese. I use it in marinades for its flavor, aroma and of course, its color.

***Please Return Completed Form by February 12<sup>th</sup>, 2010:***

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